

## Arena Sand Volleyball League Rules

Participation: Every player must sign the team roster/liability waiver form. Minors are allowed to play in the early session only and are not allowed past 9:00pm(unless with a parent). New players can be added to your roster by the bartender on duty.

\*\*\*Everyone entering the volleyball complex, whether a player or spectator does so at their own risk.

Sportsmanship: Unsportsmanlike, negative, or over aggressive behavior can result in a player and/or team being suspended or removed from any game /league without refund. Use appropriate language. Respect other teams, players, and the Arena staff.

Attire: Shoes and shirts must be worn inside the Arena (indoor facilities) at all times due to health code and for your safety. Sandals work great when you need to run inside!

No outside food or beverages: The Arena offers a full bar and full food menu with daily specials. Please do not bring in ANY food or beverage not provided by the Arena. There are too many reasons to list.

Co-ed play: Consists of 6 players (plus subs). A team must have at least 4 people to play with 2 of those being female. Players are to align every other: male/female. No more than 3 male players on the court at once.

Spectators: All spectators enter the volleyball complex at their own risk. Children under the age of 12 are to be attended by an adult that is not participating in sand volleyball and all spectators(especially kids!) need stay on the patio/walkways during play.

\*\*\* The Arena is not responsible for spilled or knocked over food or beverage in the volleyball complex.

Plastic cups and aluminum cans are the only beverage containers allowed in the volleyball complex. No bottles or glassware.

### Game Rules:

A serve that touches the net and continues over is in play

No blocking serves

Play is from pole to pole

Any part of the ball touching the line is in

There are no referees so a questionable call will be replayed if unsettled

No lifting or carrying

No contact with the net

Three touches per side with one being a woman in coed, unless the serve is returned

No double hits, except on serves and spikes

The ball may be played with any part of the body

Matches consist of three games played with rally scoring and every serve is a point

All three games are played to 21 and must be won by two points

### League Types

Recreational: A laid back, non aggressive style of play. No Jump serves allowed, reasonable spiking only. Maximum of three overhand serves per player per serve. Does not mean keeping a 3 to 1 ratio... means a total of 3 overhand allowed per player per serve.

Competitive: Overhand and jump serves along with aggressive spikes. All out sand volleyball!